

After Care Instructions Temporaries

- If anesthetic was used during the procedure, avoid chewing until the numbness has completely worn off.
- The cement used to hold the temporary is weak so that removal of the temporary at your next visit will be easier. Consequently, it is possible for the temporary to come off. To decrease the chances of loosening the temporary, avoid chewing sticky or chewy foods. Chew on the other side of your mouth if possible.
- Brush the temporary as normal, however use caution when flossing. Pull the floss out to the side rather than lifting it up as normal. This is likely to loosen or remove the temporary.
- If the temporary comes off, hang on to it and call our office. We will recement it for you. If it comes out on a weekend and you are not experiencing any discomfort, call our office first thing in the morning of our next working day. you can try to recement the temporary with an over the counter product such as Fixodent or a cement such as Dentemp.
- The shape, size, feel, and color of the temporary is not a reflection of the permanent restoration (crown, onlay, bridge, etc).

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